



# THE MIDWIFERY COALITION OF NOVA SCOTIA

## Monthly Newsletter

Issue 1

April 2011

### Contact information

[http://  
mcns.chebucto.org/  
index.htm](http://mcns.chebucto.org/index.htm)

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Email: [midwiferycoalitionNS@gmail.com](mailto:midwiferycoalitionNS@gmail.com)

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PO Box 33028,  
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### Our Newsletter has Arrived!

You are looking at Issue 1 of our monthly newsletter. Yes, we at the coalition have been promising a monthly newsletter to our members and other followers for some time, and that time has arrived!

Every month, following our board meeting, this newsletter will be emailed to our contacts. It will be available on our website and Facebook page as well.

Using this newsletter we will update our followers on a monthly basis with:

- Links to media stories that have taken place in the past month
- Any changes to the midwifery situation in NS
- Notice of any upcoming events including any fundraising activities, information sessions, etc.
- Our past and upcoming efforts to help midwifery services be available to all women in Nova Scotia.
- Interviews with doulas, concerned citizens, and other relevant people.

If you have any ideas for our newsletter including any stories you would like us to highlight please contact us!

We are sincerely looking forward to this newsletter and hope you areas excited as us!

### My Fair Baby 2011

We are happy to announce the return of My Fair Baby, a family event that focuses on a natural approach to pregnancy, birth and parenting. We will celebrate women and their families with live entertainment, retail exhibitors, community groups, door prizes and tasty treats.

Please join us Saturday June 11, 2011 from 1-4pm at St.

David's Hall, 1537 Brunswick St. Halifax, NS.

We are currently accepting applications for Exhibitor Tables. Tables will be \$40 for Retail Businesses or \$15 for Community Groups.

Admission is a suggested donation of \$5 per family and all proceeds will support our efforts to have publicly funded midwifery services

available to all families in Nova Scotia.

Past exhibitors include Nurtured Products for Parenting, Valley Cloth Diapers, P'lovers, Venus Envy, La Leche League, Kindermusik, Doulas, and many more.

For more information please phone Julie Coleman at 404-8989 or email [myfairbaby2011@gmail.com](mailto:myfairbaby2011@gmail.com).

Birth is as safe as life gets.  
~Harriette Hartigan

## Women's Action Coalition—Nova Scotia (WAC-NS)

The WAC-NS is a broad-based, non-partisan alliance of women's groups and committees, social justice organizations and individuals concerned with women's equality.

Active in the 1990s, WAC-NS is being re-constituted in response to decisions that are being made at the national, provincial and municipal levels about issues that have a disproportionate impact on women.

On Saturday May 14, 2011 the WACNS will hold their

first Annual General Assembly at the McNally Auditorium (McNally Main Building, St. Mary's University).

There is no charge to attend the assembly but you **must be a member** of the WAC-NS, and you must pre-register. If you are a member of the MCNS, you can attend the assembly for free because we have an organizational membership with WAC-NS

The MCNS is a huge supporter of the WAC-NS and we encourage everyone who

wants women's concerns on the public agenda to become a member, and to attend the assembly

For more information about the Assembly or to pre-register please contact

Stella Lord,  
lords@eastlink.ca.

For more information about becoming a member of the WAC-NS contact  
wacns@bellaliant.com.

If we are to heal the planet, we must begin by healing birthing.  
~Agnes Sallet Von Tannenberg

## Ask me about Midwifery BUTTONS!

We have "Ask me about Midwifery" buttons that we want everyone to wear. We will be bringing these to our May board meeting and you can come pick them up and wear them with PRIDE! They will also be available at My Fair Baby .

This is one of our many public awareness initiatives that will be taking place

over the next few months .

If you are interested in having buttons made for your own cause we are extremely happy with our local button maker, Dragon Drop Productions. Catherine Berry at Dragon Drop Productions can be reached at  
cjberry@mac.com.

Having a highly trained obstetrical surgeon attend a normal birth is analogous to having a pediatric surgeon babysit a healthy 2-year-old.~ M. Wagner

## Send us your pictures

Send us pictures of your baby who was helped out by a midwife, and pictures from your midwife assisted birth. We hope to compile these pictures for a photo segment in an upcoming newsletter!

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The Midwifery Coalition is a consumer group. For over 20 years, the Midwifery Coalition of Nova Scotia has been working to have midwifery accepted as a regulated health profession. Our goal is for midwifery services to be available to all women in Nova Scotia, and have these services covered by health insurance.

### We do our work by:

- lobbying politicians, health ministers, health critics, and civil servants
- participating in government sponsored task forces, working groups and committees
- maintaining a website with information on midwifery and links to other useful sites
- organizing public events and programs to let Nova Scotians know about midwifery

### We are not midwives.

